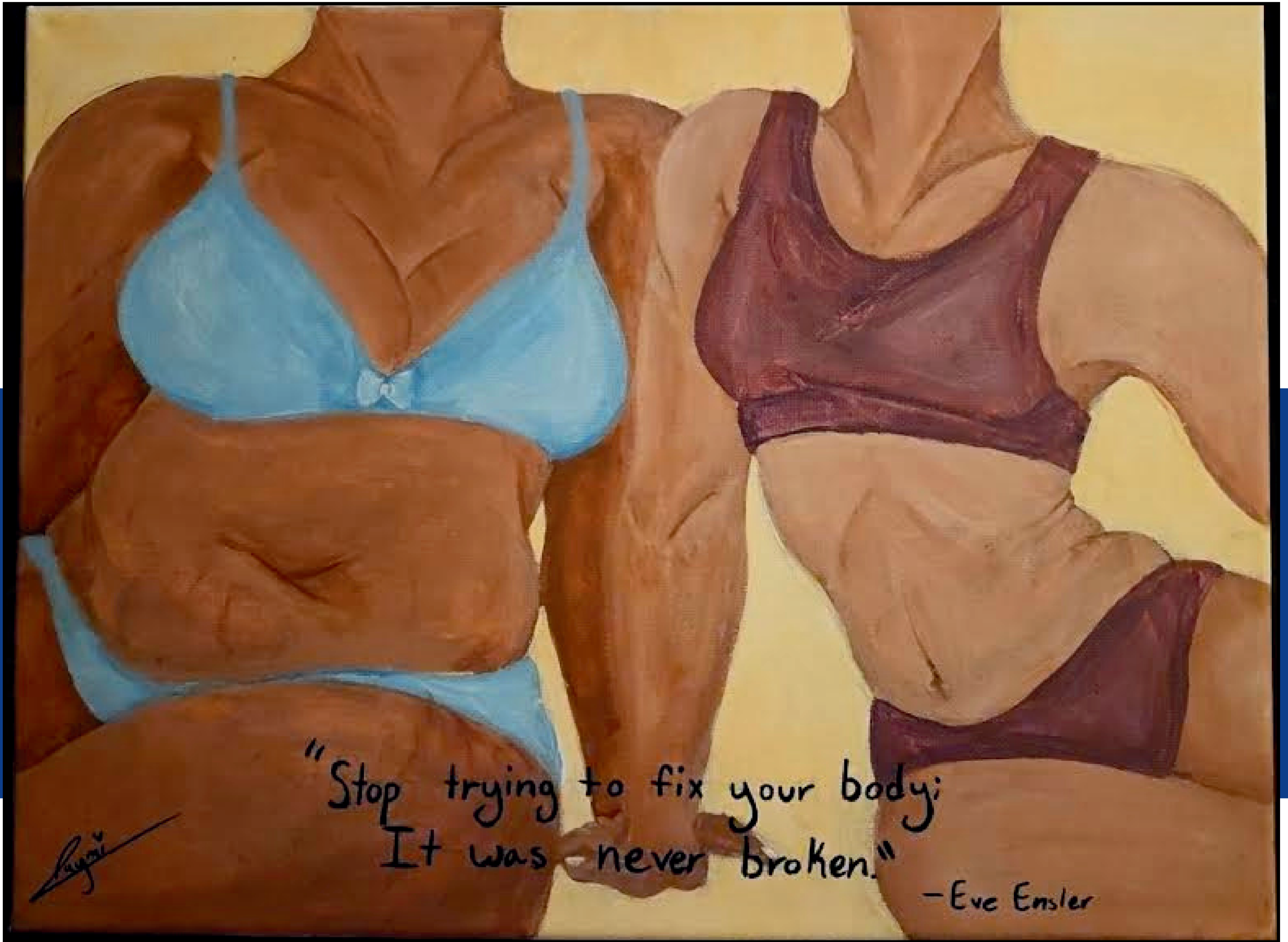


A BROKEN IMAGE



JAYMI

(she/her)

I was motivated to create this piece because I have struggled with mental health before and I want to vouch for the people who have struggled similarly to me. Because I know the struggles I signed up to show my work in this contest to prove that no one is the same but we are all beautiful and perfect in our own ways.

The purpose for this piece was to point out the broken standards for body image and how it can negatively affect our mental health and self-image, leading to further problems like eating disorders and depression. Everyone sees the flaws in themselves because that's all they know in today's society, they see the set beauty standard of being skinny, muscular, tall, etc., and feel uncomfortable in their own skin and feel they need to change to fit the picture, but it's never enough. I want to show that everyone is perfect in their own way through the painting of two different body shapes with the quote, "Stop trying to fix your body. It was never broken."--Eve Ensler.

