

ANGER HOWLS, ANXIETY LISTENS



EMMA

(she/her)

When the Magnify Voices event was introduced to my class I had to find something to paint that was true to who I am and that I knew I could express meaningfully. This idea of anger and anxiety mixed together came from my love for animals and symbolism, along with my own experiences since I was little. From a young age dealing with being angry would often turn into dealing with being overly anxious, and neither are a pleasant state of mind. I more or less wanted to depict the more simplistic parts of us- or myself- that can be both easily separated or messily tangled. Most people don't see anger as a mental problem, and anxiety tends to be depicted as this nervous wreck, but together- for me at least- they are a raw, animalistic fight for control over one body.

This piece was made to show a symbolic Wolf and Hare, a desperate mix of anger and anxiety. The Wolf leans away, ignoring all hesitation, to satiate the need to yell, curse, fight. While the Hare pulls back, hoping to escape the hate, while also fearing the aftermath.

