

EMBRACE THE OVERCOME



JEMIELA

(she/her)

I was inspired to make this piece of work and I chose to portray it in this way because I, personally, had (and still have) peers that struggle with mental health in a manner that gives them the impression that they are 'unlovable, ugly, and lonely' as the words on the artwork itself emphasizes. "Embrace the Overcome" is made to symbolize the idea that mental health is something that is experienced with everyone, and like the character in the artwork, you can find your light, too.

This piece represents a person 'pushing away' the darkness that surrounds her with the light she's conjured inside of herself, and with this, she is able to break the visible chain binding her to the darkness containing her broken self-image and the feeling of loneliness.

