

THE NIGHT AFTER



BENNETT

(he/him)

The topic of self-harm is a heavy but important topic. I chose to include it in my artwork because as someone who knows and has experienced self-harm I believe it's important to see.

As someone who struggles with self-harm and has struggled with mental health it's important to know you're never alone. Even when you're struggling alone across the street or in the world there is someone out there struggling with the same thing as you.

